

# M.D.s vs D.O.s

## Basic Details

	M.D.s – Doctors of Allopathic Medicine	D.O.s – Doctors of Osteopathic Medicine
	<b>Allopathic</b>	<b>Osteopathic</b>
<b>Approach</b>	Symptoms – focused approach	Holistic/Integrative approach Emphasis in preventative medicine
<b>Focus</b>	Focus is on the diagnosis and treatment of the disease based on the presented symptoms of the patient	Focus is on the whole person before reaching a defined diagnosis; emphasis on musculoskeletal system
<b>Authorization</b>	Authorized to diagnosis and preform surgical intervention	Authorized to diagnosis and preform surgical intervention

## Common Admissions Requirements

	M.D.s – Doctors of Allopathic Medicine	D.O.s – Doctors of Osteopathic Medicine
<b>Admissions Requirements</b>	1 year of general chemistry	1 year of general chemistry
	1 year of biology	1 year of biology
	1 year of physics	1 year of physics
	1 year of organic chemistry	1 year of organic chemistry
	1 year of English	1 year of English
	4 years college degree	4 years college degree
<b>Entrance Exam</b>	MCAT	MCAT
<b>Application System</b>	AMCAS (American Medical College Application Service)	AACOMAS (American Association of Colleges of Osteopathic Medicine Application Service)
<b>Interview Required</b>	Yes	Yes

## Medical School Components

	M.D.s – Doctors of Allopathic Medicine	D.O.s – Doctors of Osteopathic Medicine
<b>Curriculum</b>	<b>4 years</b> <ul style="list-style-type: none"> <li>M<sub>1</sub> and M<sub>2</sub> – lecture and lab format</li> <li>M<sub>3</sub> and M<sub>4</sub> – clinical based rotations in addition to affiliated coursework</li> </ul>	<b>4 years</b> <ul style="list-style-type: none"> <li>M<sub>1</sub> and M<sub>2</sub> – lecture and lab format</li> <li>M<sub>3</sub> and M<sub>4</sub> – clinical based rotations in addition to affiliated coursework</li> </ul> *An additional 200 hours of OMM (osteopathic manipulative medicine training)
<b>Board Exams</b>	<b>USMLE</b> (United States Medical Licensure Examination) <ul style="list-style-type: none"> <li>Step 1, Step 2CK, Step 2S, Step 3</li> <li>MD students do not learn OMM which is tested on the COMPLEZ-USA; therefore, they traditionally take the USMLE only</li> </ul>	<b>COMPLEX-USA</b> (Comprehensive Osteopathic Medical Licensure Exam) <ul style="list-style-type: none"> <li>Level 1, Level 2-CE, Level 2-PE, Level 3</li> <li>DO students may opt to take the USMLE as well as the COMPLEX-USA</li> </ul>
<b>Residency</b>	3-7 years (based on area of practice or aspiring specialty) <i>All residencies available to MD &amp; DO grads</i>	3-7 years (based on area of practice or aspiring specialty) <i>All residencies available to MD &amp; DO grads</i>
<b>Fellowship</b>	1-3 years (if area of practice requires)	1-3 years (if area of practice requires)

\*OMM-simple version-requires doctors to use their hands as a treatment technique that works by manipulating bones and muscles alike to decrease pain and quicken healing process